

Fall into a Lighter Side of Life

Fall/Winter Menu: September 30, 2019 – March 12, 2020

Large salads \$3.75

U-Name It Salad: chopped lettuce, veggies, bacon, egg, tomatoes, choice of meat cup

Mediterranean: spinach leaves, romaine lettuce, red pepper rings, red onion rings, pears, cranberries, tomatoes, cucumbers, feta cheese, almonds, choice of meat cup

Taco Salad: shredded lettuce, taco meat, tomatoes, cheese, onions, black olives, sour cream, salsa, and Nacho Doritos chips

Small Salads \$2.25

Lettuce Salad: chopped lettuce and assorted veggies, dressing

My Little Zero Salad: romaine and spinach mixed lettuce, cheese, Craisins, chow mein noodles, sliced egg, dressing

Meat cups: spicy chicken patty, cottage cheese, grilled chicken, BBQ pork

Dressings: Ranch, Ranch Lite, Honey French, French Lite, Raspberry Vinaigrette, Lite Italian, Honey mustard, Balsamic Olive Oil Vinaigrette

Sandwich/Wraps \$2.75

lettuce cup, tomato cup, cheese cup or cheese slice, pickle cup, mayo and mustard packet or BBQ packet

Bread choice of: whole wheat wraps, hoagie bun

Meat choices: spicy chicken patty, cottage cheese, grilled chicken, BBQ pork

Soups (crackers Included) \$2.25

chili, chicken noodle, and potato bacon

***Chick-Fil-A (Tuesday only) sandwich only \$3.50, meal \$3.75**

***Baked Potato (Wednesday only) \$3.75**

Cheese Potato: cheddar cheese sauce cup, butter, bacon bits, sour cream, fruit cup, and packaged cookie

Taco Potato: taco meat cup, shredded cheese cup, sour cream, butter, lettuce cup, tomato cup, salsa cup, Nacho Doritos, fruit cup, and packaged cookie

A la Carte Items

Chips \$1.00

Nacho Doritos, Cheddar Sun Chips, Lays Original, Lays BBQ, Cheetos

Juice \$1.50

Apple, Fruit Punch

Fruit \$.50

Apple, Banana, Orange

Water

Large - \$1.50, Small - \$.75

Cookies \$.60

Chocolate Chip, Sugar, Double Chocolate Chip, M&M