

Scott County, Iowa Local School Wellness Policy Triennial Assessment Under the Healthy, Hunger-Free Kids Act of 2010

The Iowa Department of Education requires all Iowa LEAs to develop, implement and evaluate a District Wide wellness policy that encompasses the following components:

- Public involvement
- Publication notification
- Nutrition education
- Nutrition guidelines
- Nutrition promotion and marketing
- Physical activity
- Physical education
- Monitoring and evaluation

The Scott County Decategorization Board provides guidance and leadership to these policies and their assessment. This assessment fulfills two purposes:

- Offers Scott County LEAs a means to ensure state requirements for their School Wellness Policy are met and documented in ways that meet school nutrition administrative review requirements
- Offers Scott County the opportunity to see an overall picture of school wellness policies and practices at a community-wide level

There are both District-level and Building-level requirements for the policy and assessment. As a result, this assessment encompasses both levels. The Iowa Department of Education requires one District level assessment and a building level assessment for EACH building within that district on a triennial basis.

When the assessment is completed:

- 1) Send completed copy of Local School Wellness Policy Assessment to Scott County Kids, 600 West 4th Street, Davenport, Iowa 52801 or email to Nicole.mann@scottcountyiowa.com***
- 2) Keep a copy of these forms as documentation of compliance during the next School Nutrition Administrative Review.***

**Scott County, Iowa Local School Wellness Policy Triennial Assessment
Under the Healthy, Hunger-Free Kids Act of 2010**

Part One: DISTRICT REQUIREMENT

School District: Bettendorf Community School District

Date of Completion:

5/21/2021

Point of Contact/Person Responsible for Local School Wellness Policy and Assessment and Leader of Local School Wellness Policy Committee:

Title/Position	Department/School
Dave Hlas & Kayla Leu	Director of Student Services Director of Nutrition Services

Members of your Local School Wellness Policy Committee:

Name	Title/Position
Michelle Morse	Superintendent
Kayla Leu	Director of Nutrition
David Hlas	Director of Special Services
Brian Walthart	Elementary Principal
Roxanne Schmertmann	Nurse
Kathy Hayward	PE
Michelle Bruty	Counselor
Kevin Skillet	Associate Principal at High School
Chris Like	Science curriculum leader
Lindsey Burken	Nurse
Julie Willey	parent
Jenn Peitscher	parent
Scott Lammers	PE
Joanna Doerder	Board member

PART TWO: DISTRICT REQUIREMENT

The following elements are a required part of Local School Wellness Policies. Use this form as a record that the District's Local School Wellness Policy includes all required components.

Yes	No	Regulation	Copy and Paste the Associated Section from your District's Wellness Policy Here
		Our District's School Wellness Policy includes:	
X		Standards and nutrition guidelines for all foods and beverages sold on school campus during the school day that are consistent with: <ul style="list-style-type: none"> ● School meal nutrition standards ● Smart Snacks in School nutrition standards ● Iowa Healthy Kids Act standards 	Meals served through the National School Lunch and School Breakfast Program will be appealing and meet, at a minimum, nutrition requirements established by state and federal law; Schools providing access to healthy foods outside the reimbursable meal programs before school, during school and thirty minutes after school shall meet the United States Department of Agriculture ("USDA") Smart Snacks in Schools nutrition standards, at a minimum. This includes such items as those sold through a la carte lines, vending machines, student run stores, and fundraising activities; Snacks provided to students during the school day without charge (e.g., class parties, daily snacks) will meet standards set by the district in accordance law. The district will provide parents a list of foods and beverages that meet the standards set by the district for classroom snacks and celebrations
X		Standards for all foods and beverages provided, but not sold, to students during the school day (e.g. classroom parties, classroom snacks brought by parents, incentive foods, etc.)	Snacks provided to students during the school day without charge (e.g., class parties, daily snacks) will meet

			standards set by the district in accordance law. The district will provide parents a list of foods and beverages that meet the standards set by the district for classroom snacks and celebrations
X		Requirements that food and beverages marketed on campus must meet Smart Snacks in School standards	Schools providing access to healthy foods outside the reimbursable meal programs before school, during school and thirty minutes after school shall meet the United States Department of Agriculture (“USDA”) Smart Snacks in Schools nutrition standards, at a minimum. This includes such items as those sold through a la carte lines, vending machines, student run stores, and fundraising activities
		Individual or team that provides wellness policy leadership and has the authority and responsibility to ensure schools comply with the District policy (listed on front page of this assessment)	The superintendent or superintendent’s designee shall implement and ensure compliance with the policy
		Outlines the opportunity for public input into the development and implementation of the Local School Wellness Policy	Implementing a process for permitting parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, administrators and the public to participate in the development, implementation, and periodic review and update of the policy
		Outlines the way the Local School Wellness Policy is made available to the public.	Making the policy and updated assessment of the implementation available to the public (e.g., posting on the website, newsletters, etc). This information shall include the extent to which the schools are in compliance with policy and a description of the progress being made in attaining the goals of the policy
		Describes the assessment process for the Local School Wellness Policy	Reviewing the policy at least every three years and recommending updates as appropriate for board approval; Developing administrative regulations,

			which shall include specific wellness goals and indicators for measurement of progress consistent with law and district policy
		Describes how assessments are made available to the general public for review	Assessments are posted on the district website for the general public to review.

PART THREE: DISTRICT REQUIREMENT

It is required that Local School Wellness Policies have a minimum of one goal for each of the following areas:

- 1) Nutrition promotion
- 2) Nutrition education
- 3) Physical activity
- 4) Other school-based activities

Required Area	District Goal	Action Steps for the Goal	Timeline
Nutrition Promotion	Schools will provide nutrition education and engage in nutrition promotion that helps students develop lifelong healthy eating behaviors. The goal(s) for addressing nutrition education and nutrition promotion include the following: <ul style="list-style-type: none"> ● Promote fruits, vegetables, whole-grain products, low-fat and fat-free dairy products, and healthy foods 	The district participated in the SFSP throughout the 2020/2021 school year, which allowed free school meals to all students. All meals met the school nutrition standards.	2020/2021
		The district has offered healthy curbside meals that meet all school nutrition standards to any child under the age of 18 every school day for the current school year.	2021/2022
		The district will offer curbside meals that meet all school nutrition standards	2020/2021

		<p>over the 2021 summer months.</p> <p>The district provided meal delivery over the summer months to children that were in need of meals. All meals met the school nutrition standards.</p> <p>All schools have salad bars in the cafeteria that offer a variety of fresh fruits and vegetables.</p> <p>Neil Armstrong received the FFVP grant which allows all students to receive a fresh fruit or vegetable as a mid-morning school snack.</p>	<p>2019/2020</p> <p>2018/2019</p> <p>2020/2021</p>
Nutrition Education	<p>Schools will provide nutrition education and engage in nutrition promotion that helps students develop lifelong healthy eating behaviors. The goal(s) for addressing nutrition education and nutrition promotion include the following:</p> <ul style="list-style-type: none"> -Implement evidence-based healthy food promotion techniques through the school meal programs using Smarter Lunchroom techniques. 	<p>The kindergarten-5th grade received a grant of \$50-60 per classroom for nutrition items.</p> <p>Kindergarten purchased flip books with nutritional education & stuffed animals. Other grades purchased items that related to portion size and reading nutrition labels.</p>	2020-21
Physical Activity	<p>Schools will provide students and staff with age and grade appropriate opportunities to engage in physical activity that meet federal and state</p>	<p>Students in third through 12 th grade participated in the Fitness gram testing, while students in kindergarten through 2 nd grade are learning about the test. The</p>	2020-21

	<p>guidelines, including the Iowa Healthy Kids Act.</p> <p>-Develop a comprehensive, school-based physical activity program (CSPAP), that includes the following components:</p> <ul style="list-style-type: none"> ○ Physical education, recess; ○ Classroom-based physical activity; ○ Out of school time activities; <p>-Seventy five percent of all third through twelfth graders will score in the “Healthy Fitness Zone” in three out of five of the Fitness gram tests that are administered each year during the student’s physical education class.</p>	<p>Fitness gram testing consists of 5 areas (body composition, endurance, strength, aerobic endurance, and flexibility). The district goal is that 75% of students will score in the “Healthy Fitness Zone” in three out of the five Fitness gram tests.</p> <p>The high school Pride Time offers students the chance to partake in physical activity. Options for students include pool time, using the fitness center, opening the gym for basketball and allowing students to make up missed PE time. High school students took school visits in physical education to look at heart monitors.</p> <p>Middle School has set up an Instagram page called “Bett Middle Health.” The page posts articles such as “Eat This, Not That” and posts pictures of past Bettendorf Sports teams.</p>	
<p>Other School-based Activities</p>	<p>-Provide parents a list of foods and beverages that meet nutrition standards for classroom snacks and celebrations.</p> <p>-Share information about the nutritional content of meals with parents and students</p> <p>-Support the consumption of breakfast at school by implementing alternative</p>	<p>The high school staff does a health challenge after the holidays. The district has staff wellness days. The district also offers flu shots and wellness screenings to all employees.</p> <p>There are water bottle filling stations located throughout all schools. Staff encourages students to carry clear water</p>	<p>2020-21</p>

	breakfast options to the extent possible -Permit students to bring and carry water bottles filled with water throughout the day.	bottles throughout the school day. High protein alternate entrees were added to school breakfast. A district snack list was distributed to parents.	
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PART FOUR: DISTRICT REQUIREMENT

It is required that Local School Wellness Policies conduct an assessment to determine:

- 1) *How the wellness policy compares to model wellness policies.*
- 2) *Progress made in attaining the goals of the wellness policy.*
- 3) *Compliance with the wellness policy.*

Use this form as a record that the District’s Local School Wellness Policy includes these required components.

Model Policy Items	Last Assessment Period <u>2017-2018 School Year</u> Implementation of the school wellness policy				Today’s Implementation of the school wellness policy			
	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>
<i>Our District:</i>								
Offers the USDA School Breakfast program.	X				X			
Offers an after-school snack program.	X				X			
Offers meals and snacks that meet federal nutrition standards.	X				X			

Competitive foods and beverages (a la carte, vending and regulated fundraising)								
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA's Healthy, Hunger-Free Kids Act of 2010, <i>whichever is more stringent</i> General Standards	X				X			
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA's Healthy, Hunger-Free Kids Act of 2010, <i>whichever is more stringent</i> Calories	X				X			
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA's Healthy, Hunger-Free Kids Act of 2010, <i>whichever is more stringent</i> Sodium	X				X			
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA's Healthy, Hunger-Free Kids Act of 2010, <i>whichever is more stringent</i> Saturated Fats	X				X			
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA's Healthy, Hunger-Free Kids Act of 2010, <i>whichever is more stringent</i> Trans Fats	X				X			
Must meet all competitive food standards according to	X				X			

lowa Department of Education section 281 – 58.11(256) OR the USDA’s Healthy, Hunger-Free Kids Act of 2010, <i>whichever is more stringent</i> Total Fats								
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA’s Healthy, Hunger-Free Kids Act of 2010, <i>whichever is more stringent</i> Sugar	X				X			
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA’s Healthy, Hunger-Free Kids Act of 2010, <i>whichever is more stringent</i> Dietary Fiber/Whole Grain	X				X			
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA’s Healthy, Hunger-Free Kids Act of 2010, <i>whichever is more stringent</i> Milk	X				X			
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA’s Healthy, Hunger-Free Kids Act of 2010, <i>whichever is more stringent</i> Fruit-Vegetable Juice	X				X			
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA’s Healthy, Hunger-Free Kids Act of	X				X			

2010, whichever is more stringent Caffeine								
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA’s Healthy, Hunger-Free Kids Act of 2010, whichever is more stringent Flavored or Carbonated Beverages	X				X			
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused nutrition education that helps students develop the knowledge, attitudes, skills, and behaviors to adopt, maintain and enjoy healthy eating habits in:</i>								
Elementary Grades (at least 50 hours per academic year)								
Kindergarten	X				X			
First Grade	X				X			
Second Grade	X				X			
Third Grade	X				X			
Fourth Grade	X				X			
Fifth Grade	X				X			
Middle School Grades (at least 50 hours per academic year)								
Sixth Grade	X				X			
Seventh Grade	X				X			

Eighth Grade	x				x			
High School Grades (at least 50 hours per academic year)								
Ninth Grade	x				x			
Tenth Grade		x				x		
Eleventh Grade		x				x		
Twelfth Grade		x				x		
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused physical education that helps students develop the knowledge, attitudes, skills and behaviors to adopt, maintain and enjoy healthy, <u>physically active</u> lifestyles in:</i>								
Elementary Grades (50 – 150 minutes per week)								
Kindergarten	x					x Kinder currently gets 90 minutes of PE a week		
First Grade	x				x			
Second Grade	x				x			
Third Grade	x				x			
Fourth Grade	x				x			
Fifth Grade	x				x			

Middle School Grades (minimum of 120 minutes per week)								
Sixth Grade	x				x			
Seventh Grade	x				x			
Eighth Grade	x				x			
High School Grades (minimum of 120 minutes per week)								
Ninth Grade	x					x All high school students meet 120 minutes of PE, but students only have PE for a semester each year.		
Tenth Grade	x					x		
Eleventh Grade	x					x		
Twelfth Grade	x					x		
Prohibits withholding physical activity as a punishment (recess and/or physical education).	x				x			
Physical education is provided by credentialed teachers (degree in physical education and certified).	x				x			
Physical education is provided in appropriate teacher: student ratios (maximum 30:1).		x				x		
Includes all children (encompassing	x				x			

physically challenged and disabled) in purposeful activity for the majority of the physical activity for the majority of the physical education class period.								
Has adequate indoor facilities (designated gymnasium) for physical education (35 sq ft per child).	x				x			
Has adequate outdoor facilities for physical education (75 square feet per child).	x				x			
Has enough equipment for meaningful participation in physical education.	x				x			
Has provisions to maintain and replace physical education equipment as necessary.	x				x			
Prohibits withholding students from physical education class to make up missed instructional time, class work or tests in other subjects or behavior problems.	x				x			
Assures that physical education is graded as an academic subject (middle/high school grades).	x				x			
Assures that physical education grades count in the overall GPA (middle/high school grades).	x				x			
Requires physical education every year (high school).	x				x			
Required that all students take physical		x				x		

education (no exemptions).								
Policies include nutrition standards for foods and beverages offered at parties, celebrations and social events.	x				x			
Prohibits student access to vending machines, school stores, and other venues that contain foods of minimal nutritional value and compete with healthy school meals in elementary schools and restricts access in middle, junior and high schools during school hours	x				x			
Provides communication to parents/guardians regarding nutrition and physical activity policies within the district.	x				x			
Prohibits using food as a reward.		x				x		
Prohibits withholding food as a punishment.	x				x			
Provides after school opportunities for physical activity for all students.		x				x		
Makes indoor facilities (gymnasium) available to all/most students after school hours.		x				x		
Prohibits withholding recess (participation in unstructured physical activity) as a punishment.		x				x		
Provides 30 minutes of daily recess for	x				x			

students featuring time for unstructured but supervised active play in elementary grades.								
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PART FIVE: DISTRICT REQUIREMENT

It is required that the each school District update the public on the content and implementation of the Local School Wellness Policy including progress made in attaining the goals of the policy.

The most updated copy of the District’s School Wellness policy is made available to the public in the following ways: The policy is available on the district website.

The most updated assessment of the District’s School Wellness policy is made available to the public in the following ways: The assessment is available on the district website.

PART SIX: BUILDING REQUIREMENT

Provide a summary of **each** school’s local wellness events and activities including how individuals can get involved. **This should be completed at the building level.**

Each building should complete all items (below) unless the items reference a grade level that does not attend your school. **This should be completed by each building, at the building level.**

School Name: Neil Armstrong

Grade Level(s): K-5

Model Policy Items	2017-2018 Implementation of the school wellness policy				Today’s Implementation of the school wellness policy			
	<i>fully in place</i>	<i>Partially in place</i>	<i>Under development</i>	<i>Have not considered this</i>	<i>Fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>
<i>Our School:</i>								
Offers the USDA School Breakfast program.	X				X			
Offers an after-school snack program.	X					X		
Offers meals and snacks that meet federal nutrition standards.	X				X			
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused nutrition education that helps students develop the knowledge, attitudes, skills, and behaviors to adopt, maintain and <u>enjoy healthy eating habits in:</u></i>								
Elementary Grades (at least 50 hours per academic year)								
Kindergarten	X				X			
First Grade	X				X			
Second Grade	X				X			

Third Grade	x				X			
Fourth Grade	x				X			
Fifth Grade	x				X			
Middle School Grades (at least 50 hours per academic year)								
Sixth Grade								
Seventh Grade								
Eighth Grade								
High School Grades (at least 50 hours per academic year)								
Ninth Grade								
Tenth Grade								
Eleventh Grade								
Twelfth Grade								
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused physical education that helps students develop the knowledge, attitudes, skills and behaviors to adopt, maintain and enjoy healthy, physically active lifestyles in:</i>								
Elementary Grades (50 – 150 minutes per week)								
Kindergarten	x				X			
First Grade	x				X			
Second Grade	x				X			
Third Grade	x				X			
Fourth Grade	x				X			
Fifth Grade	x				X			

Middle School Grades (minimum of 120 minutes per week)								
Sixth Grade								
Seventh Grade								
Eighth Grade								
High School Grades (minimum of 120 minutes per week)								
Ninth Grade								
Tenth Grade								
Eleventh Grade								
Twelfth Grade								
Prohibits withholding physical activity as a punishment (recess and/or physical education).	x					X		
Physical education is provided by credentialed teachers (degree in physical education and certified).		x				X		
Physical education is provided in appropriate teacher: student ratios (maximum 30:1).		x				X		
Includes all children (encompassing physically challenged and disabled) in purposeful activity for the majority of the physical activity for the majority of the physical education class period.	x					X		
Has adequate indoor facilities (designated gymnasium) for physical education (35 sq ft per child).	x					X		
Has adequate outdoor facilities for physical education (75 square feet per child).	x					X		
Has enough equipment for meaningful participation in physical education.	x					X		
Has provisions to maintain and replace physical education equipment as necessary.	x					X		
Prohibits withholding students from physical education class to make up	x					X		

missed instructional time, class work or tests in other subjects or behavior problems.								
Assures that physical education is graded as an academic subject (middle/high school grades).								
Assures that physical education grades count in the overall GPA (middle/high school grades).								
Requires physical education every year (high school).								
Required that all students take physical education (no exemptions).	x				X			
Policies include nutrition standards for foods and beverages offered at parties, celebrations and social events.		x			X			
Prohibits student access to vending machines, school stores, and other venues that contain foods of minimal nutritional value and compete with healthy school meals in elementary schools and restricts access in middle, junior and high schools during school hours	x				X			
Provides communication to parents/guardians regarding nutrition and physical activity policies within the district.		x			X			
Prohibits using food as a reward.		x				X		
Prohibits withholding food as a punishment.	x				X			
Provides after school opportunities for physical activity for all students.	x				X			
Makes indoor facilities (gymnasium) available to all/most students after school hours.	x				X			
Prohibits withholding recess (participation in unstructured physical activity) as a punishment.				x		x		
Provides 30 minutes of daily recess for students featuring time for unstructured but supervised active play in elementary grades.	x				X			

PART SIX: BUILDING REQUIREMENT

Provide a summary of **each** school’s local wellness events and activities including how individuals can get involved. **This should be completed at the building level.**

Each building should complete all items (below) unless the items reference a grade level that does not attend your school. **This should be completed by each building, at the building level.**

School Name: Mark Twain

Grade Level(s): K-5

Model Policy Items	2017-2018 Implementation of the school wellness policy				Today’s Implementation of the school wellness policy			
	<i>fully in place</i>	<i>Partially in place</i>	<i>Under development</i>	<i>Have not considered this</i>	<i>Fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>
<i>Our School:</i>								
Offers the USDA School Breakfast program.	X				X			
Offers an after-school snack program.	X							X
Offers meals and snacks that meet federal nutrition standards.	X				X			
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused nutrition education that helps students develop the knowledge, attitudes, skills, and behaviors to adopt, maintain and enjoy healthy eating habits in:</i>								
Elementary Grades (at least 50 hours per academic year)								
Kindergarten	X				X			
First Grade	X				X			
Second Grade	X				X			
Third Grade	X				X			
Fourth Grade	X				X			
Fifth Grade	X				X			
Middle School Grades (at least 50 hours per academic year)								

Sixth Grade								
Seventh Grade								
Eighth Grade								
High School Grades (at least 50 hours per academic year)								
Ninth Grade								
Tenth Grade								
Eleventh Grade								
Twelfth Grade								
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused physical education that helps students develop the knowledge, attitudes, skills and behaviors to adopt, maintain and enjoy healthy, physically active lifestyles in:</i>								
Elementary Grades (50 – 150 minutes per week)								
Kindergarten	x				x			
First Grade	x				x			
Second Grade	x				x			
Third Grade	x				x			
Fourth Grade	x				x			
Fifth Grade	x				x			
Middle School Grades (minimum of 120 minutes per week)								
Sixth Grade								
Seventh Grade								
Eighth Grade								

High School Grades (minimum of 120 minutes per week)								
Ninth Grade								
Tenth Grade								
Eleventh Grade								
Twelfth Grade								
Prohibits withholding physical activity as a punishment (recess and/or physical education).	x				x			
Physical education is provided by credentialed teachers (degree in physical education and certified).		x			x			
Physical education is provided in appropriate teacher: student ratios (maximum 30:1).		x			x			
Includes all children (encompassing physically challenged and disabled) in purposeful activity for the majority of the physical activity for the majority of the physical education class period.	x				x			
Has adequate indoor facilities (designated gymnasium) for physical education (35 sq ft per child).	x				x			
Has adequate outdoor facilities for physical education (75 square feet per child).	x				x			
Has enough equipment for meaningful participation in physical education.	x				x			
Has provisions to maintain and replace physical education equipment as necessary.	x				x			
Prohibits withholding students from physical education class to make up missed instructional time, class work or tests in other subjects or behavior problems.	x				x			
Assures that physical education is graded as an academic subject (middle/high school grades).								
Assures that physical education grades count in the overall GPA (middle/high school grades).								

Requires physical education every year (high school).								
Required that all students take physical education (no exemptions).	x				x			
Policies include nutrition standards for foods and beverages offered at parties, celebrations and social events.		x			x			
Prohibits student access to vending machines, school stores, and other venues that contain foods of minimal nutritional value and compete with healthy school meals in elementary schools and restricts access in middle, junior and high schools during school hours	x				x			
Provides communication to parents/guardians regarding nutrition and physical activity policies within the district.		x			x			
Prohibits using food as a reward.		x			x			
Prohibits withholding food as a punishment.	x				x			
Provides after school opportunities for physical activity for all students.	x							
Makes indoor facilities (gymnasium) available to all/most students after school hours.	x				x			
Prohibits withholding recess (participation in unstructured physical activity) as a punishment.				x		x		
Provides 30 minutes of daily recess for students featuring time for unstructured but supervised active play in elementary grades.	x					x		

PART SIX: BUILDING REQUIREMENT

Provide a summary of **each** school’s local wellness events and activities including how individuals can get involved. **This should be completed at the building level.**

Each building should complete all items (below) unless the items reference a grade level that does not attend your school. **This should be completed by each building, at the building level.**

School Name: Grantwood

Grade Level(s): K-5

Model Policy Items	2017-2018 Implementation of the school wellness policy				Today’s Implementation of the school wellness policy			
	<i>fully in place</i>	<i>Partially in place</i>	<i>Under development</i>	<i>Have not considered this</i>	<i>Fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>
<i>Our School:</i>								
Offers the USDA School Breakfast program.	X				X			
Offers an after-school snack program.	X							X
Offers meals and snacks that meet federal nutrition standards.	X				X			
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused nutrition education that helps students develop the knowledge, attitudes, skills, and behaviors to adopt, maintain and enjoy healthy eating habits in:</i>								
Elementary Grades (at least 50 hours per academic year)								
Kindergarten	X				X			
First Grade	X				X			
Second Grade	X				X			
Third Grade	X				X			
Fourth Grade	X				X			
Fifth Grade	X				X			
Middle School Grades (at least 50 hours per academic year)								
Sixth Grade								

Seventh Grade								
Eighth Grade								
High School Grades (at least 50 hours per academic year)								
Ninth Grade								
Tenth Grade								
Eleventh Grade								
Twelfth Grade								
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused physical education that helps students develop the knowledge, attitudes, skills and behaviors to adopt, maintain and enjoy healthy, physically active lifestyles in:</i>								
Elementary Grades (50 – 150 minutes per week)								
Kindergarten	x				x			
First Grade	x				x			
Second Grade	x				x			
Third Grade	x				x			
Fourth Grade	x				x			
Fifth Grade	x				x			
Middle School Grades (minimum of 120 minutes per week)								
Sixth Grade								
Seventh Grade								
Eighth Grade								
High School Grades (minimum of 120 minutes per week)								

Ninth Grade								
Tenth Grade								
Eleventh Grade								
Twelfth Grade								
Prohibits withholding physical activity as a punishment (recess and/or physical education).	x				x			
Physical education is provided by credentialed teachers (degree in physical education and certified).		x			x			
Physical education is provided in appropriate teacher: student ratios (maximum 30:1).		x			x			
Includes all children (encompassing physically challenged and disabled) in purposeful activity for the majority of the physical activity for the majority of the physical education class period.	x				x			
Has adequate indoor facilities (designated gymnasium) for physical education (35 sq ft per child).	x				x			
Has adequate outdoor facilities for physical education (75 square feet per child).	x				x			
Has enough equipment for meaningful participation in physical education.	x				x			
Has provisions to maintain and replace physical education equipment as necessary.	x				x			
Prohibits withholding students from physical education class to make up missed instructional time, class work or tests in other subjects or behavior problems.	x				x			
Assures that physical education is graded as an academic subject (middle/high school grades).								
Assures that physical education grades count in the overall GPA (middle/high school grades).								
Requires physical education every year (high school).								

Required that all students take physical education (no exemptions).	x				x			
Policies include nutrition standards for foods and beverages offered at parties, celebrations and social events.		x			x			
Prohibits student access to vending machines, school stores, and other venues that contain foods of minimal nutritional value and compete with healthy school meals in elementary schools and restricts access in middle, junior and high schools during school hours	x				x			
Provides communication to parents/guardians regarding nutrition and physical activity policies within the district.		x			x			
Prohibits using food as a reward.		x			x			
Prohibits withholding food as a punishment.	x				x			
Provides after school opportunities for physical activity for all students.	x					x		
Makes indoor facilities (gymnasium) available to all/most students after school hours.	x					x		
Prohibits withholding recess (participation in unstructured physical activity) as a punishment.				x		x		
Provides 30 minutes of daily recess for students featuring time for unstructured but supervised active play in elementary grades.	x				x			

PART SIX: BUILDING REQUIREMENT

Provide a summary of **each** school’s local wellness events and activities including how individuals can get involved. **This should be completed at the building level.**

Each building should complete all items (below) unless the items reference a grade level that does not attend your school. **This should be completed by each building, at the building level.**

School Name: Paul Norton

Grade Level(s): K-5

Model Policy Items	2017-2018 Implementation of the school wellness policy				Today's Implementation of the school wellness policy			
	<i>fully in place</i>	<i>Partially in place</i>	<i>Under development</i>	<i>Have not considered this</i>	<i>Fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>
<i>Our School:</i>								
Offers the USDA School Breakfast program.	X				X			
Offers an after-school snack program.	X							X
Offers meals and snacks that meet federal nutrition standards.	X				X			
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused nutrition education that helps students develop the knowledge, attitudes, skills, and behaviors to adopt, maintain and <u>enjoy healthy eating habits in:</u></i>								
Elementary Grades (at least 50 hours per academic year)								
Kindergarten	X				X			
First Grade	X				X			
Second Grade	X				X			
Third Grade	X				X			
Fourth Grade	X				X			
Fifth Grade	X				X			
Middle School Grades (at least 50 hours per academic year)								
Sixth Grade								
Seventh Grade								

Eighth Grade									
High School Grades (at least 50 hours per academic year)									
Ninth Grade									
Tenth Grade									
Eleventh Grade									
Twelfth Grade									
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused physical education that helps students develop the knowledge, attitudes, skills and behaviors to adopt, maintain and enjoy healthy, physically active lifestyles in:</i>									
Elementary Grades (50 – 150 minutes per week)									
Kindergarten	x				x				
First Grade	x				x				
Second Grade	x				x				
Third Grade	x				x				
Fourth Grade	x				x				
Fifth Grade	x				x				
Middle School Grades (minimum of 120 minutes per week)									
Sixth Grade									
Seventh Grade									
Eighth Grade									
High School Grades (minimum of 120 minutes per week)									
Ninth Grade									

Tenth Grade								
Eleventh Grade								
Twelfth Grade								
Prohibits withholding physical activity as a punishment (recess and/or physical education).	x					x		
Physical education is provided by credentialed teachers (degree in physical education and certified).		x			x			
Physical education is provided in appropriate teacher: student ratios (maximum 30:1).		x			x			
Includes all children (encompassing physically challenged and disabled) in purposeful activity for the majority of the physical activity for the majority of the physical education class period.	x				x			
Has adequate indoor facilities (designated gymnasium) for physical education (35 sq ft per child).	x				x			
Has adequate outdoor facilities for physical education (75 square feet per child).	x				x			
Has enough equipment for meaningful participation in physical education.	x				x			
Has provisions to maintain and replace physical education equipment as necessary.	x				x			
Prohibits withholding students from physical education class to make up missed instructional time, class work or tests in other subjects or behavior problems.	x				x			
Assures that physical education is graded as an academic subject (middle/high school grades).								
Assures that physical education grades count in the overall GPA (middle/high school grades).								
Requires physical education every year (high school).								
Required that all students take physical education (no exemptions).	x				x			

Policies include nutrition standards for foods and beverages offered at parties, celebrations and social events.		x			x			
Prohibits student access to vending machines, school stores, and other venues that contain foods of minimal nutritional value and compete with healthy school meals in elementary schools and restricts access in middle, junior and high schools during school hours	x				x			
Provides communication to parents/guardians regarding nutrition and physical activity policies within the district.		x				x		
Prohibits using food as a reward.		x				x		
Prohibits withholding food as a punishment.	x				x			
Provides after school opportunities for physical activity for all students.	x				x			
Makes indoor facilities (gymnasium) available to all/most students after school hours.	x				x			
Prohibits withholding recess (participation in unstructured physical activity) as a punishment.				x		x		
Provides 30 minutes of daily recess for students featuring time for unstructured but supervised active play in elementary grades.	x				x			

PART SIX: BUILDING REQUIREMENT

Provide a summary of **each** school’s local wellness events and activities including how individuals can get involved. **This should be completed at the building level.**

Each building should complete all items (below) unless the items reference a grade level that does not attend your school. **This should be completed by each building, at the building level.**

School Name: Herbert Hoover

Grade Level(s): K-5

Model Policy Items	2017-2018 Implementation of the school wellness policy				Today's Implementation of the school wellness policy			
	fully in place	Partially in place	Under development	Have not considered this	Fully in place	partially in place	under development	have not considered this
<i>Our School:</i>								
Offers the USDA School Breakfast program.	X				X			
Offers an after-school snack program.	X							X
Offers meals and snacks that meet federal nutrition standards.	X				X			
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused nutrition education that helps students develop the knowledge, attitudes, skills, and behaviors to adopt, maintain and enjoy healthy eating habits in:</i>								
Elementary Grades (at least 50 hours per academic year)								
Kindergarten	X				X			
First Grade	X				X			
Second Grade	X				X			
Third Grade	X				X			
Fourth Grade	X				X			
Fifth Grade	X				X			
Middle School Grades (at least 50 hours per academic year)								
Sixth Grade								
Seventh Grade								
Eighth Grade								

High School Grades (at least 50 hours per academic year)									
Ninth Grade									
Tenth Grade									
Eleventh Grade									
Twelfth Grade									
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused physical education that helps students develop the knowledge, attitudes, skills and behaviors to adopt, maintain and enjoy healthy, physically active lifestyles in:</i>									
Elementary Grades (50 – 150 minutes per week)									
Kindergarten	x				x				
First Grade	x				x				
Second Grade	x				x				
Third Grade	x				x				
Fourth Grade	x				x				
Fifth Grade	x				x				
Middle School Grades (minimum of 120 minutes per week)									
Sixth Grade									
Seventh Grade									
Eighth Grade									
High School Grades (minimum of 120 minutes per week)									
Ninth Grade									
Tenth Grade									

Eleventh Grade								
Twelfth Grade								
Prohibits withholding physical activity as a punishment (recess and/or physical education).	x					x		
Physical education is provided by credentialed teachers (degree in physical education and certified).		x			x			
Physical education is provided in appropriate teacher: student ratios (maximum 30:1).		x			x			
Includes all children (encompassing physically challenged and disabled) in purposeful activity for the majority of the physical activity for the majority of the physical education class period.	x				x			
Has adequate indoor facilities (designated gymnasium) for physical education (35 sq ft per child).	x				x			
Has adequate outdoor facilities for physical education (75 square feet per child).	x				x			
Has enough equipment for meaningful participation in physical education.	x				x			
Has provisions to maintain and replace physical education equipment as necessary.	x				x			
Prohibits withholding students from physical education class to make up missed instructional time, class work or tests in other subjects or behavior problems.	x				x			
Assures that physical education is graded as an academic subject (middle/high school grades).								
Assures that physical education grades count in the overall GPA (middle/high school grades).								
Requires physical education every year (high school).								
Required that all students take physical education (no exemptions).	x				x			
Policies include nutrition standards for foods and beverages offered at		x			x			

parties, celebrations and social events.								
Prohibits student access to vending machines, school stores, and other venues that contain foods of minimal nutritional value and compete with healthy school meals in elementary schools and restricts access in middle, junior and high schools during school hours	x				x			
Provides communication to parents/guardians regarding nutrition and physical activity policies within the district.		x				x		
Prohibits using food as a reward.		x			x			
Prohibits withholding food as a punishment.	x				x			
Provides after school opportunities for physical activity for all students.	x					x		
Makes indoor facilities (gymnasium) available to all/most students after school hours.	x							x
Prohibits withholding recess (participation in unstructured physical activity) as a punishment.				x	x			
Provides 30 minutes of daily recess for students featuring time for unstructured but supervised active play in elementary grades.	x				x			

PART SIX: BUILDING REQUIREMENT

Provide a summary of **each** school’s local wellness events and activities including how individuals can get involved. **This should be done at the building level.**

Each building should complete all items (below) unless the items reference a grade level that does not attend your school. Each building should complete their own assessment. This should be done at the building level.

School Name: Bettendorf Middle School

Grade Level(s): 6-8

Model Policy Items	2017-2018 Implementation of the school wellness policy				Today's Implementation of the school wellness policy			
	fully in place	Partially in place	Under development	Have not considered this	Fully in place	partially in place	under development	have not considered this
<i>Our School:</i>								
Offers the USDA School Breakfast program.	X				X			
Offers an after-school snack program.	X							X
Offers meals and snacks that meet federal nutrition standards.	X				X			
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused nutrition education that helps students develop the knowledge, attitudes, skills, and behaviors to adopt, maintain and <u>enjoy healthy eating habits in:</u></i>								
Elementary Grades (at least 50 hours per academic year)								
Kindergarten								
First Grade								
Second Grade								
Third Grade								
Fourth Grade								
Fifth Grade								
Middle School Grades (at least 50 hours per academic year)								
Sixth Grade	X				X			
Seventh Grade	X				X			

Eighth Grade	x				x			
High School Grades (at least 50 hours per academic year)								
Ninth Grade								
Tenth Grade								
Eleventh Grade								
Twelfth Grade								
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused physical education that helps students develop the knowledge, attitudes, skills and behaviors to adopt, maintain and enjoy healthy, physically active lifestyles in:</i>								
Elementary Grades (50 – 150 minutes per week)								
Kindergarten								
First Grade								
Second Grade								
Third Grade								
Fourth Grade								
Fifth Grade								
Middle School Grades (minimum of 120 minutes per week)								
Sixth Grade						x		
Seventh Grade						x		
Eighth Grade						x		
High School Grades (minimum of 120 minutes per week)								
Ninth Grade								

Tenth Grade								
Eleventh Grade								
Twelfth Grade								
Prohibits withholding physical activity as a punishment (recess and/or physical education).	x				x			
Physical education is provided by credentialed teachers (degree in physical education and certified).		x			x			
Physical education is provided in appropriate teacher: student ratios (maximum 30:1).		x				x		
Includes all children (encompassing physically challenged and disabled) in purposeful activity for the majority of the physical activity for the majority of the physical education class period.	x				x			
Has adequate indoor facilities (designated gymnasium) for physical education (35 sq ft per child).	x				x			
Has adequate outdoor facilities for physical education (75 square feet per child).	x				x			
Has enough equipment for meaningful participation in physical education.	x				x			
Has provisions to maintain and replace physical education equipment as necessary.	x				x			
Prohibits withholding students from physical education class to make up missed instructional time, class work or tests in other subjects or behavior problems.	x				x			
Assures that physical education is graded as an academic subject (middle/high school grades).	x				x			
Assures that physical education grades count in the overall GPA (middle/high school grades).	x				x			
Requires physical education every year (high school).								

Required that all students take physical education (no exemptions).	x				x			
Policies include nutrition standards for foods and beverages offered at parties, celebrations and social events.		x				x		
Prohibits student access to vending machines, school stores, and other venues that contain foods of minimal nutritional value and compete with healthy school meals in elementary schools and restricts access in middle, junior and high schools during school hours	x				x			
Provides communication to parents/guardians regarding nutrition and physical activity policies within the district.		x			x			
Prohibits using food as a reward.		x				x		
Prohibits withholding food as a punishment.	x				x			
Provides after school opportunities for physical activity for all students.	x				x			
Makes indoor facilities (gymnasium) available to all/most students after school hours.	x				x			
Prohibits withholding recess (participation in unstructured physical activity) as a punishment.								
Provides 30 minutes of daily recess for students featuring time for unstructured but supervised active play in elementary grades.								

PART SIX: BUILDING REQUIREMENT

Provide a summary of **each** school’s local wellness events and activities including how individuals can get involved. **This should be done at the building level.**

At the 6th grade level, we offer intramural activities after school 2-3 times a week and throughout the school year. Each month the intramural activities change and students and parents are notified through emails, social media and announcements. For intramural activities, students can choose to join at any time for any of the offered activities.

At the 7th grade level we offer 3 seasons of competitive sports. In the fall, we offer cross country, football and volleyball. In the winter, we offer basketball, wrestling and swimming. In the spring we offer track and field. We have a “no cut” policy and all students that have a current physical on file are able to participate in practice and competitions. Prior to each season, information is sent to students and families with the sports schedule and the expectations and all students are encouraged to participate

Each building should complete all items (below) unless the items reference a grade level that does not attend your school. **Each building should complete their own assessment. This should be done at the building level.**

School Name: Bettendorf High School

Grade Level(s): 9-12

Model Policy Items	2017-2018 Implementation of the school wellness policy				Today's Implementation of the school wellness policy			
	<i>fully in place</i>	<i>Partially in place</i>	<i>Under development</i>	<i>Have not considered this</i>	<i>Fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>
<i>Our School:</i>								
Offers the USDA School Breakfast program.	X				X			
Offers an after-school snack program.	X							X
Offers meals and snacks that meet federal nutrition standards.	X				X			
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused nutrition education that helps students develop the knowledge, attitudes, skills, and behaviors to adopt, maintain and <u>enjoy healthy eating habits in:</u></i>								
Elementary Grades (at least 50 hours per academic year)								
Kindergarten								
First Grade								
Second Grade								

Third Grade								
Fourth Grade								
Fifth Grade								
Middle School Grades (at least 50 hours per academic year)								
Sixth Grade								
Seventh Grade								
Eighth Grade								
High School Grades (at least 50 hours per academic year)								
Ninth Grade		x				x		
Tenth Grade		x				x		
Eleventh Grade		x				x		
Twelfth Grade		x				x		
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused physical education that helps students develop the knowledge, attitudes, skills and behaviors to adopt, maintain and enjoy healthy, physically active lifestyles in:</i>								
Elementary Grades (50 – 150 minutes per week)								
Kindergarten								
First Grade								
Second Grade								
Third Grade								
Fourth Grade								
Fifth Grade								

Middle School Grades (minimum of 120 minutes per week)								
Sixth Grade								
Seventh Grade								
Eighth Grade								
High School Grades (minimum of 120 minutes per week)								
Ninth Grade	x				x			
Tenth Grade	x				x			
Eleventh Grade	x				x			
Twelfth Grade	x				x			
Prohibits withholding physical activity as a punishment (recess and/or physical education).	x				x			
Physical education is provided by credentialed teachers (degree in physical education and certified).		x			x			
Physical education is provided in appropriate teacher: student ratios (maximum 30:1).		x			x			
Includes all children (encompassing physically challenged and disabled) in purposeful activity for the majority of the physical activity for the majority of the physical education class period.	x				x			
Has adequate indoor facilities (designated gymnasium) for physical education (35 sq ft per child).	x				x			
Has adequate outdoor facilities for physical education (75 square feet per child).	x				x			
Has enough equipment for meaningful participation in physical education.	x				x			
Has provisions to maintain and replace physical education equipment as necessary.	x				x			
Prohibits withholding students from physical education class to make up	x				x			

missed instructional time, class work or tests in other subjects or behavior problems.								
Assures that physical education is graded as an academic subject (middle/high school grades).	x				x			
Assures that physical education grades count in the overall GPA (middle/high school grades).	x				x			
Requires physical education every year (high school).	x				x			
Required that all students take physical education (no exemptions).	x				x			
Policies include nutrition standards for foods and beverages offered at parties, celebrations and social events.		x					x	
Prohibits student access to vending machines, school stores, and other venues that contain foods of minimal nutritional value and compete with healthy school meals in elementary schools and restricts access in middle, junior and high schools during school hours	x				x			
Provides communication to parents/guardians regarding nutrition and physical activity policies within the district.		x			x			
Prohibits using food as a reward.		x				x		
Prohibits withholding food as a punishment.	x				x			
Provides after school opportunities for physical activity for all students.	x				x			
Makes indoor facilities (gymnasium) available to all/most students after school hours.	x					x		
Prohibits withholding recess (participation in unstructured physical activity) as a punishment.								
Provides 30 minutes of daily recess for students featuring time for unstructured but supervised active play in elementary grades.								

