

TEEN GIRLS

SUPPORT GROUP AT

Rick's House of Hope

Join Vera French CMHC staff to have fun, socialize, explore coping skills, and learn skills to be a strong and safe woman. *This group is for teen girls ages 12 -18.*

Topics of Interest Include:

Healthy Relationships	Confidence and Self Esteem	Exploring Self	Strength Building
Stereotypes and Media	Developing Your Voice	Finding Your Purpose	Bullying

Topics may change with participant relevance.

Wednesday, August 24th- December 21st 2022

Every Wednesday from 3:30 – 5:00 PM

Rick's House of Hope
5022 Northwest Blvd
Davenport, IA 52806

To Sign Up: Contact
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OR
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