



ENRICHING KIDS INSIDE & OUT

Healthy, Affordable
Spring Programs at the Y!



We Want Healthy Kids!

Spring Programs at the YMCA

Income-Based Membership Program

The Y is for all! We're better the more we come together. Our financial assistance program ensures that all families can participate at the YMCA regardless of their ability to pay.

Families who qualify for assistance receive the same reduction of cost on programs, too!

- [Click here for info about joining the Y](#)
 - [Click here for info about Financial Assistance](#)
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Spring Break at the YMCA and Camp Abe Lincoln

From planned holidays to in-services and snow emergencies, the Y has your family covered! The North YMCA provides after school and Spring Break, and accepts DHS child care assistance - to make fun, safe and healthy programs.

- [Click here for Spring Break at the Y](#)
- [Click here for YMCA Camp Abe Lincoln](#)



THANK YOU DONORS! Support of the YMCA Mission makes fit
Over 20% of our families receive financial assistance.. Stop in and



**Y SOCCER
NOW ON THE
TURF!**

Sports - Soccer & Volleyball

Creating opportunities for kids and families to celebrate health, learn teamwork, confidence and the object of sports is what our programs are all about.

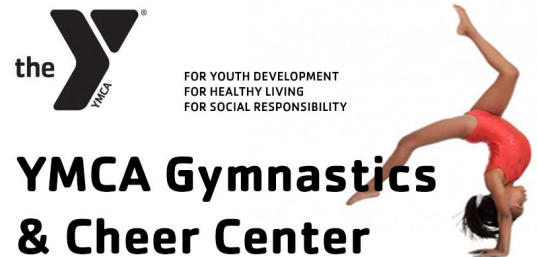
Safe, healthy and fun!

[Click here for YMCA Sports](#)

YMCA Gymnastics Center at the TBK Bank Sports Complex

The Y's 10,000 square foot facility is located inside the TBK Bank Sports Complex. Our high-level coaches for USA-G Gymnastics and Cheer have an awesome program for boys and girls of all ages.

- [Click here for the YMCA Gymnastics & Cheer Center](#)



Swim Lessons & Swim Team

Learning to swim isn't just fun, or healthy... it also saves lives! Our swim lessons are offered at 4 branch locations and work for all levels! And our Dragons Swim Team is an awesome opportunity to gain confidence, build a healthy mind and generate strength and focus!

- [Click here for Swim Lessons](#)
- [Click here for Dragons Swim Team](#)

YMCA Outreach - Solutions & Achievers Programs For Extra Help!

YMCA Outreach is a grant and donor-funded program that provides special resources including mentoring, school work assistance, career development, and opportunities to participate in the YMCA branches and outside the Y with many great community partners!

- **YMCA Solutions** - Assistance for Kindergarten through 8th grade students and families. A great resource for families, teachers and support staff!
- **YMCA Achievers** - Guidance and support of high school students to stay on track to graduate and develop a path for college, trades and careers.

For more information, to register, to make referrals, or to volunteer, [please click here to contact the YMCA Outreach Team!](#)
