

**BETTENDORF MIDDLE SCHOOL**  
**Bulldog Football Camp**  
**2019**

Dates: August 19, 20, 21, 22

Times: 4:00 PM – 5:30 PM

Activities: Offensive formations, defensive formations, form tackling (very low speed, no contact), running, passing, receiving, equipment distribution, and locker assignments. We will also be meeting some of the varsity coaches and players.

- Students will need a lock in order to be issued equipment. Please have a lock for football camp.
- If you would like BMS to supply a lock, we can check one out for a \$10 deposit.
- This lock can be used for P.E. and other sports throughout the year.

Who: All incoming 7<sup>th</sup> or 8<sup>th</sup> grader for the 2019 – 2020 school year.

Coaches: Coach Hernandez, Coach Myers, Coach Pipe, Coach Cole, Coach Clark, Coach VanWinkle, Coach Roling, Coach Schmertmann

Cost: \$25.00 on or before August 1 (guaranteed a T-shirt) - \$30.00 beginning August 2

- Make checks payable to: **Nate Hernandez**

Sign up: Send payment and parent signed form to Bettendorf Middle School – Attn. Nate Hernandez c/o BMS 2030 Middle Rd., Bettendorf, IA 52722.

Reminder: If your student athlete plans to begin practice on the first day of school (August 23), BMS needs the following on file: a physical, proof of insurance, concussion protocol, and student/athlete guidelines (all signed by parent and athlete)

- The BMS form has everything included and can be found on the BMS Athletics page - <https://bit.ly/2wecR8j>
- None of which are needed to participate in football camp

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please return bottom portion with payment

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Grade (fall 2019): \_\_\_\_\_ T-Shirt size: \_\_\_\_\_

Cell #: \_\_\_\_\_

We have adequate health insurance and will not hold the Bettendorf Community School District and its employees responsible for any injuries that may occur while our son/daughter is a participant at the Bettendorf Middle Football Camp.

Signature of parent/guardian: \_\_\_\_\_