



Spring into a New Side of Life



Spring/Summer Menu: March 20th – September 30th, 2017

Large Gourmet Salads- \$3.75 (Includes a Beverage)

Taco Salad: shredded lettuce, taco meat, tomatoes, cheese, onions, black olives, sour cream, salsa, and Doritos chips

Fields Salad: mixed greens, tomatoes, mandarin oranges, chow mein noodles, almonds, cheese, raisins and a choice of meat

U-Name It Salad: chopped lettuce, veggies, bacon, egg, and a choice of meat

Summer Fruit Salad: fresh blueberries & strawberries, almonds, feta cheese and red onion on a bed of assorted greens & spinach with a choice of meat

Meat Choices: grilled chicken, breaded chicken strips, turkey, cottage cheese, simply tuna or chicken salad

*All salads come with 1 pkt. French dressing and 1 pkt. Ranch dressing, but substitutes for dressing will be provided.

Dressings: Ranch, Ranch Lite, French, French Lite, Oriental Sesame Seed, Raspberry Vinaigrette, Golden Italian, Western, Creamy Caesar, Honey Mustard, Blue Cheese, Thousand Island, Thousand Island FF

Small Side Salads- \$2.00 (No Beverage Included)

Lettuce Salad: chopped lettuce and assorted veggies with dressing.*

My Little Zero Salad: romaine & spinach mix, cheese, dried fruit, chow mein noodles, egg and dressing.*

Wraps & Sandwiches- \$2.00 each (No Beverage Included)

Wraps and sandwiches include a lettuce cup, tomato cup, cheese cup or sliced cheese, pickle cup, mayo and mustard packet.

Bread Choice of: whole wheat wrap or a hoagie bun

Meat Choices: grilled chicken, breaded chicken strips, turkey, cottage cheese, simply tuna or chicken salad

Chick-Fil-A (Tuesday only): Sandwich- \$3.00 Meal- \$3.75

Ala Carte Items

Assorted Chips: \$1.00: Nacho Doritos, Cheddar Sun Chips mix, Lay's Baked Original & BBQ chips, Baked Cheetos

Cookies- \$0.60: chocolate chip, M&M, double chocolate or sugar **Assorted Fruit:** \$0.50

Water or Juice: small water- \$.75, large water- \$1.50, Dole Juice (apple or fruit punch)- \$1.50

Ordering Information: All items come as listed.

Elementary Schools- Please place orders through your school office or call Becky Allen. **Middle School and High School-** Please call Becky Allen at 332-7611 or 359-3681 ext. 6034 no later than 8:50 A.M. to place your order.